

ABSTRACT OF DISCLOSURE

Methods are disclosed utilizing DCL, a metabolic derivative of loratadine, for the treatment of allergic rhinitis, and other disorders, while avoiding the concomitant liability of adverse side-effects associated with other non-sedating antihistamines.

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Age	Sex	Height (cm)	Weight (kg)	Body fat (%)	VO ₂ max (ml/min)	VO ₂ max (ml/kg/min)	VO ₂ max (l/min)	VO ₂ max (l/kg/min)
18	M	175	70	12	3.5	20.0	3.5	20.0
19	F	165	55	15	3.0	19.5	3.0	19.5
20	M	180	80	10	3.8	21.5	3.8	21.5
21	F	170	65	18	2.8	16.5	2.8	16.5
22	M	185	90	8	4.0	22.0	4.0	22.0
23	F	175	75	20	2.5	14.0	2.5	14.0
24	M	190	100	5	4.2	23.0	4.2	23.0
25	F	180	85	22	2.2	12.5	2.2	12.5
26	M	195	110	3	4.5	24.0	4.5	24.0
27	F	185	95	25	2.0	11.5	2.0	11.5
28	M	200	120	2	4.8	25.0	4.8	25.0
29	F	190	105	28	1.8	10.5	1.8	10.5
30	M	205	130	1	5.0	26.0	5.0	26.0
31	F	195	115	30	1.5	9.0	1.5	9.0
32	M	210	140	0	5.2	27.0	5.2	27.0
33	F	200	125	32	1.2	7.5	1.2	7.5
34	M	215	150	-1	5.5	28.0	5.5	28.0
35	F	205	135	35	1.0	6.0	1.0	6.0
36	M	220	160	-2	5.8	29.0	5.8	29.0
37	F	210	145	38	0.8	4.5	0.8	4.5
38	M	225	170	-3	6.0	30.0	6.0	30.0
39	F	215	155	40	0.5	3.0	0.5	3.0
40	M	230	180	-4	6.2	31.0	6.2	31.0
41	F	220	165	42	0.2	1.5	0.2	1.5
42	M	235	190	-5	6.5	32.0	6.5	32.0
43	F	225	175	45	0.0	0.0	0.0	0.0
44	M	240	200	-6	6.8	33.0	6.8	33.0
45	F	230	185	48	-0.2	-0.5	-0.2	-0.5
46	M	245	210	-7	7.0	34.0	7.0	34.0
47	F	235	195	50	-0.5	-1.0	-0.5	-1.0
48	M	250	220	-8	7.2	35.0	7.2	35.0
49	F	240	205	52	-0.8	-1.5	-0.8	-1.5
50	M	255	230	-9	7.5	36.0	7.5	36.0
51	F	245	215	55	-1.0	-2.0	-1.0	-2.0
52	M	260	240	-10	7.8	37.0	7.8	37.0
53	F	250	225	58	-1.2	-2.5	-1.2	-2.5
54	M	265	250	-11	8.0	38.0	8.0	38.0
55	F	255	235	60	-1.5	-3.0	-1.5	-3.0
56	M	270	260	-12	8.2	39.0	8.2	39.0
57	F	260	245	62	-1.8	-3.5	-1.8	-3.5
58	M	275	270	-13	8.5	40.0	8.5	40.0
59	F	265	255	65	-2.0	-4.0	-2.0	-4.0
60	M	280	280	-14	8.8	41.0	8.8	41.0
61	F	270	265	68	-2.2	-4.5	-2.2	-4.5
62	M	285	290	-15	9.0	42.0	9.0	42.0
63	F	275	275	70	-2.5	-5.0	-2.5	-5.0
64	M	290	300	-16	9.2	43.0	9.2	43.0
65	F	2						